



January - December 2021

ANNUAL REPORT

MSU Extension Houghton-Keweenaw Counties

Food • Ag • Youth • Health • Environment • Community

Since 1914, the Michigan State University (MSU) Extension has helped residents in Houghton-Keweenaw Counties improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

35

Programs delivered in Houghton-Keweenaw Counties

1,003

Houghton-Keweenaw

County Residents

Participated in programs offered by MSU Extension

248

Programs Attended

By Houghton-Keweenaw County residents, either **in-county, outside of Houghton-Keweenaw County, or online.**

789

Program participants

in programs led by Houghton-Keweenaw County staff on-line or statewide

843

Individual class sessions attended

32

Submissions to Ask-An Expert

25

Programs delivered by Houghton-Keweenaw staff

HOUGHTON-KEWEENAW COUNTY STAFF

2

Educators

.5

Program Instructor

.75

Clerical Support

32

Partnerships and coalitions

HOUGHTON-KEWEENAW COUNTY FOCUS AREAS

Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

- Pollinator Champions FREE Online Course
- MSU Feedlot Educational Series
- Management Considerations for Beef x Dairy Cattle Webinar
- Direct Marketing Webinar
- MI Ag Ideas to Grow With
- Using degree days and phenology in the garden
- U.P. Public Garden Party Presentations – Longwood, Chanticleer & Olbrich Gardens

Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations.

- 2021 MI Fish Producers Association Annual Conf.
- 2021 MI Aquaculture Association Annual Conf.
- Great Lakes Aquaculture Collaborative webinar: Fish to Fork: Grilling Great Lakes Fish
- Sailing Gichigami with Inland Seas and the Anishinabee: KBIC

Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan.

- Your Money Your Goals
- Homebuyer Education
- Grower Community Check-ins: Tools from U.P. Food Policy Councils in Response to COVID-19

Community (cont.)

- Fiscally Ready Communities
- City of Houghton Charrette Ready Workshop
- Regional Meetings for ARPA Local Government Funding
- Towards a Sustainable Meat Supply Chain in MI
- Get on Board Effective Board Meetings and Good Governance

Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce foodborne diseases and become leaders in the food industry.

- SLEEP Curriculum
- Online National Diabetes Prevention Program
- RELAX Alternatives to Anger
- Healthy Life Style Choices Tai Chi for Fall Prevention
- Preparing for Holiday Stress Using Mindfulness
- Tai Chi for Arthritis Part II
- Tai Chi for Diabetes
- Stress Less With Mindfulness

Family and Youth

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention.

- States' 4-H International Exchange Program: International Penpal Exchange
- 4-H Black & White Photography Challenge!: University of Minnesota Extension
- Houghton-Keweenaw County 4-H Leader and Volunteer Paddle
- Michigan 4-H Creative Arts Celebration
- Houghton-Keweenaw 4-H Fall Kickoff
- Houghton-Keweenaw County 4-H Nutcracker
- Strawberry Festival Parade

4-H Houghton-Keweenaw Counties

*According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are **4X** more likely to make contributions to their communities, **2X** more likely to be civically active, and **2X** more likely to make healthier choices.*

9

Clubs

84

Members

19

Adult
Volunteers

4

Youth
Volunteers

\$12,236

Dollar Value of
volunteer time